



# SFAS Live Surgeries and Bioskills Lab 2021

Inselspital, University Hospital, Bern

**Friday, September 10th, 2021, 8.00–17.00h**

Live Surgeries

Inselspital, Berne, Maurice E. Mueller Lecture Hall, Floor F

**Saturday, September 11th, 2021, 8.00–15.00h**

Foot & Ankle anatomical approaches & surgeries

sitem-insel, Berne, CATR unit, Floor 2

SFAS & IBRA Collaboration

In cooperation with:



**IBRA** International Bone  
Research Association

# Welcome to the 1. SFAS Live Surgeries and Bioskills Lab 2021 in Berne

Dear colleagues

It is our distinctive pleasure to announce this year's 1. SFAS Live Surgeries and Bioskills Lab, which will take place on September 10th and 11th, 2021 at the Inselspital, University of Berne and the sitem-insel building at the Inselspital area in Berne.

Well-known and -experienced foot & ankle surgeons provide a unique insight into their operation techniques and tips and tricks for successful postoperative outcome during moderated live surgeries on September 10th. Do not miss the opportunity to join 3-4 foot & ankle live surgeries as well as the accompanying knowledge updates and discussions.

On September 11th, the International Bone Research Association IBRA will again organize and sponsor a workshop on anatomical approaches & surgeries for junior foot & ankle surgeons.

We would like to thank **IBRA**, the main gold sponsor **Medartis**, the silver sponsors **Medeco-ch Sàrl**, **Arthrex Swiss AG** and **Künzli SwissSchuh AG** and all exhibitors who contribute substantially to the success of this course.

We are very much looking forward to welcome you at the Inselspital in Berne

Best regards,

Prof. Dr. med. Fabian Krause,  
Inselspital University Hospital, Bern,  
Chairman

# Live surgeries

## Friday, September 10th, 2021

### Preliminary program

#### Faculty

Markus Knupp, Mein Fusszentrum Basel

Fabian Krause, Inselspital Bern

Victor Valderrabano, SWISS ORTHO CENTER, Schmerzklinik Basel

Martin Wiewiorski, WinOrtho, Privatspital Lindberg

Stephan Wirth, Universitätsklinik Balgrist

08.00 **Opening of registration and commercial exhibition**  
Foyer of sitem-insel, Berne

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08.30 **Welcome by congress organisation and SFAS President**  
Maurice E. Mueller Lecture Hall, Floor F, Inselspital  
Fabian Krause, Victor Valderrabano

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08.40 **Live surgery #1, corresponding knowledge update and discussion**  
Fabian Krause, Victor Valderrabano

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10.30 **Coffee break**

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10.45 **Live surgery #2, corresponding knowledge update and discussion**  
Norman Espinosa, Martin Wiewiorski

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12.30 **Lunch break and commercial exhibition**  
Foyer of sitem-insel, Berne

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13.30 **Live surgery #3, corresponding knowledge update and discussion**  
Maurice E. Mueller Lecture Hall, Floor F, Inselspital  
Victor Valderrabano, Fabian Krause

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14.00 **Coffee break**

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14.15 **Live surgery #4, corresponding knowledge update and discussion**  
Markus Knupp, Stephan Wirth

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16.15 **Discussion**  
All faculty and attendees

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17.00 **End of course**

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# Bioskills Lab Saturday, September 11th, 2020

Foot & Ankle anatomical approaches & surgeries – free of charges  
SFAS & IBRA Collaboration

## Program

### Workshop tutors

Norman Espinosa, FussInstitut Zürich  
Markus Knupp, Mein Fusszentrum Basel  
Fabian Krause, Inselspital Bern

Victor Valderrabano, SWISS ORTHO CENTER, Basel  
Martin Wiewiorski, WinOrtho, Privatspital Lindberg  
Stephan Wirth, Universitätsklinik Balgrist

08.00 **Opening of registration and commercial exhibition**  
Foyer of sitem-insel, Berne

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08.30 **Welcome by congress organisation and SFAS President**  
Fabian Krause, Victor Valderrabano

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08.35 **MTP I Revision arthrodesis**  
Norman Espinosa

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09.30 **Lapidus arthrodesis dorsomedial approach**  
Stephan Wirth

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10.15 **Coffee break**

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10.30 **DIPLE Arthrodesis single medial incision**  
Markus Knupp

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11.45 **Lunch break and commercial exhibition**  
Foyer of sitem-insel, Berne

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12.30 **ORIF Fibula, Syndesmosis fixation**  
Martin Wiewiorski

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13.15 **Deltoid reconstruction**  
Victor Valderrabano

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13.50 **Coffee break**

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14.10 **ORIF distal medial Tibia & medial Malleolus**  
Fabian Krause

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14.50 **Discussion**  
All faculty and attendees

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15.00 **End of course**

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# Sponsors & Partners

Symposium Partner



Gold Sponsor



Silver Sponsors



Medeco-ch Sàrl

Further Sponsors



In collaboration with



# International Bone Research Association

**IBRA** is a financially independent, internationally oriented non-profit organization, for specialized clinicians and research scientists. IBRA's core activity is the future-oriented advancement of bone-tissue research and management focusing particularly on:

- Bone biology, including osteointegration, bone generation and soft tissue reaction
- Maxillofacial and orthopaedic rehabilitation
- Materials research including hardware development
- Biomechanics
- Tissue engineering
- Surgical procedures & clinical management

IBRA encourages the development of innovative solutions in a friendly, loyal atmosphere. Future-oriented open-mindedness and international acceptance form the basis for first-rate assistance in realizing modern research projects and promoting individual careers. As an international forum reaching across geographic and cultural borders, IBRA offers an up-to-date network for the exchange of experience and knowledge in applied bone and tissue research.

## History

IBRA was founded in Zurich, Switzerland on September 25, 2004 at the initiative of eighteen forward-looking clinicians. Its primary aims are the exchange of professional knowledge, promotion of new scientific developments, engineering of the musculoskeletal system, coordinated multi-centre research and highly specialized advanced training.

## Research Support

IBRA offers financial support for research projects dealing with bone biology and the improvement or development of internal fixation devices for maxillofacial and limbs surgery. With the emphasis on innovation and suitability for practical application, 95% of the research budget goes towards applied research and clinical studies and 5% towards basic research.

## Education

IBRA's education area offers clinicians special courses on the application of specific methods of treatment. IBRA's particular concern is to train tomorrow's highly qualified research scientists. IBRA enhances its members' qualifications through a scholarship program.

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# Information

## Organisation

Chairman: Prof. Dr. med. Fabian Krause, Universitätsklinik Inselspital, Bern

## Locations

### Universitätsklinik Inselspital Bern

#### Hörsaal Maurice E. Müller, Floor F

Operationstrakt Ost F, Neurozentrum,  
Eingang 33 A/B oder 34  
Freiburgstrasse 16  
3010 Bern

### sitem-insel AG

#### Hörsaal CATR unit, Floor 2

Freiburgstrasse 3  
3010 Bern

## CME Credits

Swiss Orthopaedics (SGOT):  
16 credit points (8 credit points/day)

## Course Fee

### SFAS Symposium September 10th, 2021

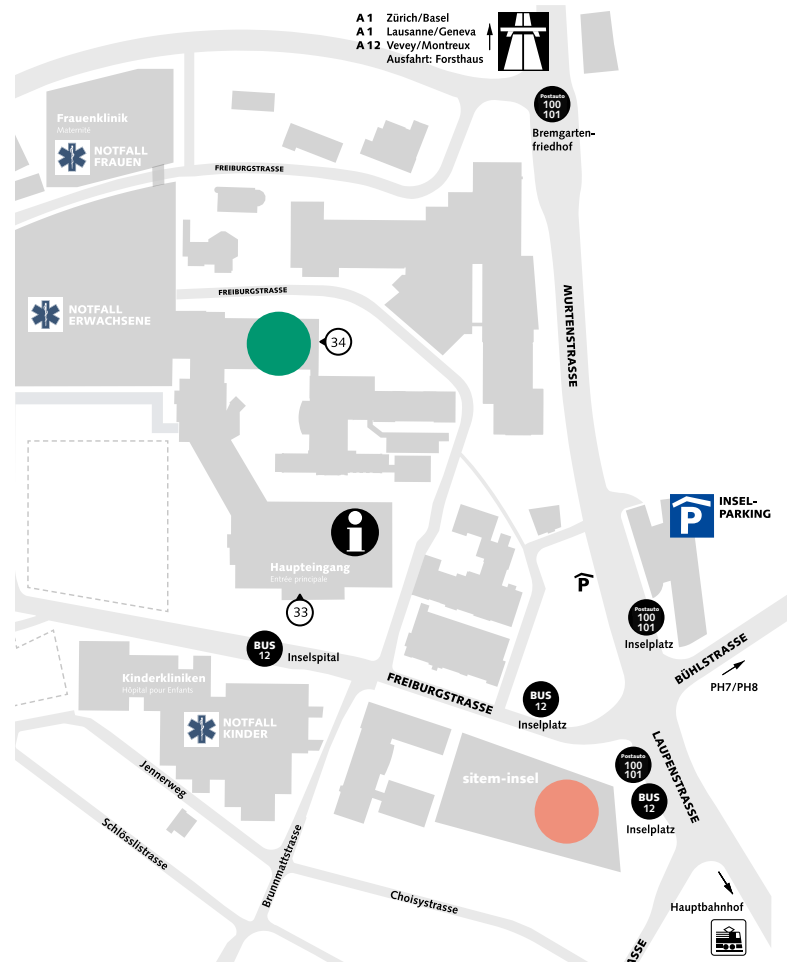
SFAS-Member CHF 100.–  
SFAS- Non Member CHF 150.–  
Resident/Physiotherapist CHF 80.–

### SFAS/IBRA Workshop September 11th, 2021

Free of charge (limited number of participants, first come-first served)

## Registration/Information

Online registration [www.sfas.ch](http://www.sfas.ch)  
Lea Chiozza, Sekretariat SFAS  
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